

Please make a note of your table number and order at the bar. Thank you.

## Breakfast

	<b>Floured Bap</b>	<b>Baguette</b>
<b>Bacon Sandwich</b>	<b>£4.50</b>	<b>£6.00</b>
With 3 slices of back bacon	Kcal 786	Kcal 805
<b>Sausage Sandwich</b>	<b>£4.50</b>	<b>£6.00</b>
With 2 pork sausages or 3 in baguette	Kcal 686	Kcal 961
<b>Vegan Sausage Sandwich</b>	<b>£4.50</b>	<b>£6.00</b>
With 2 vegan sausages or 3 in baguette	VE - Kcal 474	VE - Kcal 643
<b>Toasted Teacakes</b>		<b>£2.95</b>
Served with butter		V - VE* - Kcal 360
<b>Crumpets</b>		<b>£2.50</b>
Crumpets served with butter		V - VE* - Kcal 306
<b>Toast &amp; Preserves</b>		<b>£2.95</b>
Toasted bread with butter & jam		V - Kcal 442
<b>Beans on Toast</b>		<b>£3.50</b>
2 slices of buttered toast topped with beans		VE - Kcal 522
<b>Scrambled Egg on Toast</b>		<b>£5.00</b>
2 slices of buttered toast topped with scrambled egg		V - Kcal 642
<b>Breakfast Wrap</b>		<b>£5.50</b>
Sausage, bacon, hashbrown & cheese wrapped in a warm tortilla wrap		Kcal 741
<b>The Link Breakfast</b>		<b>£8.25</b>
Pork sausage, bacon, hash browns, scrambled egg, beans, toast & butter		Kcal 864

## Sandwiches

<b>BLT Baguette</b>	<b>£7.95</b>
BLT baguette served with skin on fries	Kcal 1209
<b>Ham Salad Baguette</b>	<b>£7.95</b>
Ham salad baguette served with skin on fries	Kcal 959
<b>Piri Chicken Baguette</b>	<b>£7.95</b>
Piri chicken & salad baguette served with skin on fries	Kcal 859
<b>Wraps</b>	
<b>Sweet Chilli Falafel Wrap</b>	<b>£7.95</b>
Tortilla wrap filled with falafel, salad & sweet chilli. Served with a salad	VE Kcal 643
<b>Piri Chicken Wrap</b>	<b>£7.95</b>
Tortilla wrap filled with piri chicken & salad. Served with a salad	Kcal 461
<b>Sourdough Flatbread Pizza</b>	
<b>Cheese Flatbread Pizza</b>	<b>£6.25</b>
Topped with mozzarella and cheddar	V Kcal 639
<b>Ham Flatbread Pizza</b>	<b>£7.25</b>
Topped with mozzarella, cheddar & ham	Kcal 675
<b>Pepperoni Flatbread Pizza</b>	<b>£7.25</b>
Topped with mozzarella, cheddar & pepperoni	Kcal 770
<b>Piri Chicken Flatbread Pizza</b>	<b>£7.95</b>
Topped with mozzarella, cheddar & piri chicken	Kcal 688
<b>Meat Feast Flatbread Pizza</b>	<b>£8.95</b>
Topped with mozzarella, cheddar, ham, pepperoni & piri chicken	Kcal 853

## Breakfast Extras

<b>Hash browns x2</b> £1.25 (V Kcal 75) - <b>Slice of Bacon</b> £1.00 (GF Kcal 143) <b>Sausage</b> £1.00 (Kcal 98) - <b>Vegan Sausage</b> £1.00 (VE Kcal 60) <b>Beans</b> £1.00 (VE/GF Kcal 84) - <b>Slice of Toast &amp; Butter</b> £1.00 (V Kcal 173)
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## Jackets & Salads

<b>Jacket Beans</b>	<b>£6.95</b>
Baked jacket potato topped with beans. Served with a house salad	VE/GF Kcal 484
<b>Jacket Cheese</b>	<b>£7.50</b>
Baked jacket potato topped with cheese. Served with a house salad	V Kcal 646
<b>Jacket Piri Chicken</b>	<b>£7.95</b>
Baked jacket potato topped with piri chicken. Served with a house salad	GF Kcal 414
<b>Piri Chicken Salad</b>	<b>£7.95</b>
A large house salad topped with piri chicken and a classic dressing	GF Kcal 292
<b>Falafel Salad</b>	<b>£7.95</b>
A large house salad topped with falafel & classic dressing.	VE/GF Kcal 426

## Melts

<b>Ham &amp; Cheese Melt</b>	<b>£7.95</b>
Toasted ham & cheese baguette served with skin on fries	Kcal 994
<b>Piri Chicken Melt</b>	<b>£7.95</b>
Toasted piri chicken & cheese baguette served with skin on fries	Kcal 1020

## Burgers & Hot Dogs

<b>Hot Dog</b>	<b>£5.00</b>
Hot dog served in a toasted baguette	Kcal 525
<b>Beef Burger</b>	<b>£5.95</b>
Served in a toasted bun with salad	Kcal 652
<b>Vegan Burger</b>	<b>£5.95</b>
Served in a toasted bun with salad	VE Kcal 494

## Sharers

<b>Falafel Bites</b>	<b>£4.95</b>
Served with a salsa dip	VE/GF* Kcal 489
<b>Loaded Nachos</b>	<b>£6.25</b>
Topped with melted cheese, salsa, guacamole & sour cream	V Kcal 792
<b>Loaded Fries</b>	<b>£6.95</b>
Skin on fries topped with melted cheese and bacon	GF* Kcal 859

## Desserts

<b>Hot Chocolate Brownie</b>	<b>£5.50</b>
Served with vanilla ice cream	V Kcal 553
<b>Sticky Toffee Pudding</b>	<b>£6.50</b>
Served with vanilla ice cream	V Kcal 629

GF = Gluten Free / GF\* = Can be made gluten free / V = Vegetarian / V\* = Can be made vegetarian / VE = Vegan / VE\* = Can be made vegan

While we take thorough precautions to minimise the risk of cross contamination, all our food is prepared in a kitchen where nuts, gluten & other allergens are present. Therefore we cannot guarantee a completely allergen free environment. If you have a food allergy, please let a member of our staff know before ordering. Full allergen information is available on request. **Hot Food Served Until 2pm.**

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### Kids Menu

Sausage, fries & beans		Kcal 584	£4.95
Cheese toastie & fries	V	Kcal 650	£4.95
Jacket cheese & beans	V	Kcal 489	£4.95
Falafel bites, fries & beans	VE / GF	Kcal 484	£4.95
Kids cheesy fries	V	Kcal 585	£3.95

### Side Items

Fries	VE / GF	Kcal 420	£2.00
Side Salad	VE / GF	Kcal 97	£2.00

### Hot Drinks

Espresso	£2.00
Americano	£2.55
Flat White	£2.75
Latte	£2.95
Cappuccino	£2.95
Mocha	£3.15
Hot Chocolate	£3.15
Baby Cappuccino	£1.25
Pot of Tea	£2.30

Choose from the following Twinings teas: English breakfast, peppermint, green, earl grey or a selection of fruit teas

Syrup Shot	£1.00
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Choose from caramel, salted caramel, festive cake, hazelnut or vanilla

### Specials

<b>Coffee &amp; Cake</b>	£5.00
A slice of our cake served with a hot drink	
<b>Cream Tea</b>	£5.00
Freshly baked scones served with a hot drink	

### Afternoon Tea (pre-book only)

<b>Afternoon Tea</b>	£17.00
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Afternoon Tea includes: A selection of freshly prepared sandwiches, freshly baked scones and mini desserts.

Available to pre-book. Booking can be made by emailing [info@thelinkstockton.co.uk](mailto:info@thelinkstockton.co.uk). Please specify any allergy or dietary requirements upon booking.

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